

Together, we... **FACE SEPSIS**

Post-sepsis, readmission is common. Up to 50% of patients with sepsis develop Post Sepsis Syndrome.

The below checklist has been *developed by a sepsis survivor* to help patients, families and clinicians work together to consider support needs in patient-centred care for patients post-sepsis admission in hospital.

F

Family/Friends?

Does the person have a support system leaving hospital?

Do they have family, friends or someone to take care of them?
Consider that they may have been in a high-care setting and may need assistance adjusting to their new way of life and a support system.

A

Awareness?

Is the patient aware of what has happened and next steps?

Does the **patient understand** what has happened to them and what sepsis is? Do they know the signs to look out for and next steps?

Are they in contact with a support network or organisation?

C

Changes?

What has changed for the patient post-sepsis? What environmental changes are needed? Do they have a GP to support follow up?

Consider changes to the patient's **physical and mental status**, their environment, needs and what services can support them post-sepsis.

E

Escalation?

Is the patient and/or their carer aware of the steps if they deteriorate or need to be re-admitted?

Post-hospital **re-admission** is known in sepsis patients and time is critical. Do they know about escalation pathways or who to contact?

