

Together, we... **FACE SEPSIS**

Tips from a sepsis survivor to help you recognise and FACE sepsis.
Early recognition saves lives

F

Family/Friends?

Listen to the concerns of family/friends.

They may notice changes before anyone else – if they say something isn't right or they noticed a change, take it seriously..

A

Awareness?

Be aware of the signs and symptoms of sepsis.
Could they have an infection? *Any* infection can lead to sepsis.

Scan the QR code for the signs and symptoms in sepsis.

C

Changes/Check Vitals?

Look for changes in the patient. Check vitals.
Monitor heart rate, temperature and breathing.
Consider changes to the patient's physical and mental status.

Patients can deteriorate rapidly. Note changes and monitor.

E

Escalation?

Sepsis is a medical emergency. Escalate care rapidly.

Call emergency services and always ask: could this be sepsis?
Continue monitoring the patient closely.

Sepsis can happen to **anyone at anytime from any infection**
Scan the QR code for information.



Sepsis is a medical emergency. Seek help urgently.

